

A PRAYER FOR THE CAMINO

*To begin, close your eyes and take 7 deep breaths.
Allow your soul to quiet and then begin your prayer.*

Heavenly Father,
I praise you for all the beauty surrounding me today
which is only a reflection of your true beauty.

I thank you for the gift of simply walking
and of traveling this ancient path as so many others
have done before me.

I pray that I may be a blessing to all those I encounter
today. I pray that whatever discomforts I experience
draw me closer to when you suffered on the cross.

As I walk, I offer up this intention (*say intention*) and
believe that you will hear my heart.

Holy Father, just as I walk today,
I will forever follow you,
one step at a time.

Amen.

EVERY SACRED SUNDAY

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